

QSEN DNP TASKFORCE BIOGRAPHICAL DATA

Name and credentials: Cynthia D. Heden, DNP, MSN, RN

Present Position (title and organization):

Assistant professor, MCPHS University – School of Nursing
US Army Reserve AN Corps Officer – TeamSTEPPS Master Trainer

Primary Email:

Why the DNP?

The DNP helped me to discover my voice. Coupling the effectiveness of simulation training and seeking better outcomes in patient safety, the DNP allows us to close gaps clinically with sound evidence-based material ready for delivery to our area of expertise.

Career Highlight:

Receiving my Doctorate in Nursing Practice. My studies culminated with a Capstone project: *A comparison of the effects of simulation training and non-simulation training on self-efficacy in providing women's health care.*

Received an award for my role as the Liaison Officer in a joint military exercise.

Why are you involved with QSEN?

- Promote the DNP
- Support IPE and evidenced-based interests: Saliency in nursing education, using simulation training and TeamSTEPPS IPE simulation: better communication across disciplines.
- Mentor students toward a career in nursing and an understanding of the DNP role.
- Encouraging a passionate evidenced-based thesis.